



# Chapel Hill Chatter

Chapel Hill Elementary School  
5200 E Joppa Road  
Perry Hall, MD 21128



# NOVEMBER

- 11/8- First Marking Period Ends-school closes 3 hours early
- 11/8-School Spirit/Veteran's Day-wear red, white & blue
- 11/15-School Spirit Day- wear your favorite college, high school or CHE clothing
- 11/16-PTA Savers Donation Day- 9-12 pm
- 11/18-American Education Week- Visitation for grades K-1 from 9-11 am
- 11/19-American Education Week- Visitation for grades 2-3 from 9-11 am
- 11/20- American Education Week- Visitation for grades 4-5 from 9-11 am
- 11/21- American Education Week- Grandparent's Day from 9-11 am
- 11/21-Report Cards Distributed
- 11/22-Schools Closed-Teacher Conference Day
- 11/28-11/29-Schools & Offices Closed-Thanksgiving Holiday
- 12/3-PTA Meeting- 6:30 pm
- 12/6-Winter Dance- 6:30-7:30 pm

## The WIN Hour

Over the last 6 weeks, Grades 1-5 teachers, resource teachers, special educators, and administrators analyzed grade level data, student group data, and individual student data identifying strengths and needs of each student.

We would like to introduce our implementation of the WIN Hour for Grades 1-5! WIN stands for What I Need!

Our WIN Hour consists of adults in the building working with focused groups of students in areas of need in Mathematics and/or ELA. Our WIN Hour will be one hour a week beginning this week and running through the end of January. For specific days and times you may reach out to your student's teacher.

***Please follow us on Twitter: @chapelhilles***

## PRINCIPAL'S MESSAGE-



This is the time of year that I am extra thankful for the blessings in my life. I want you to know how blessed and grateful I am to work with the best teachers, staff, parents, families, and most of all the students! Thank you for sending your student to Chapel Hill Elementary and entrusting us to give the best education to your child. Thanksgiving is a great moment to express my joy for all the wonderful and amazing people I have been blessed with here at Chapel Hill Elementary School...Here's wishing you a very beautiful and bountiful Thanksgiving.

Mrs. Hill

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### November Health News



November is Diabetes Awareness Month – Talk to your health care provider about the risk factors in your family, take precautions, & support the people you know with Diabetes!

Continue to say “BOO” to the Flu! – This year, the Centers for Disease Control advise everyone 6 months of age and older to get a flu shot during the months of October and November. Talk to your doctor.

Please keep all sick children home from school especially if they are exhibiting respiratory and stomach symptoms! If you are unsure – stay home and call your health care provider or school nurse for advice.

Allergy & Asthma season is hitting us HARD this year. Monitor all symptoms closely and follow your health care provider's advice. If your child has asthma, it is extremely important to keep an inhaler at school.

We can protect and strengthen our own immunity by eating nutritious foods, taking daily walks, sleeping 8 –10 hours a night, reducing stress, and smiling daily :)

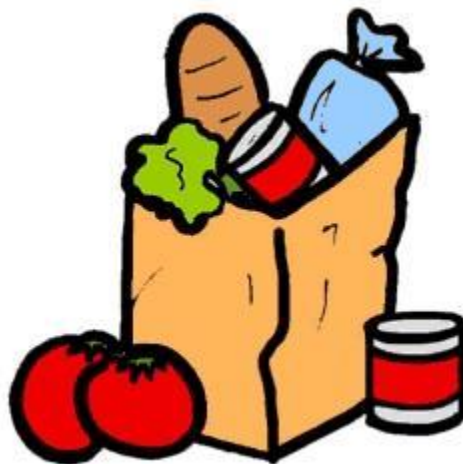
**-submitted by Nurse Fricker**

Dear Chapel Hill Students and Staff.

Did you know that there are many families in Maryland that are disadvantaged and go hungry every day? Here is your chance to make a difference in their lives, especially during the upcoming Thanksgiving Holiday.

From now through Wed., November 20, 2019, our Chapel Hill family will be collecting non-perishable items, such as canned goods, breakfast cereals, and packaged foods. Please show your support by giving generously to this campaign benefitting the Maryland Food Bank. In the past we have collected almost 800 cans.

Let's see if we can do even better this year. Thanks so much for your support.



# WHEN IS SICK TOO SICK FOR SCHOOL?



## Send me to school if...

I have a runny nose or just a little cough, but no other symptoms.

I haven't taken any fever reducing medicine for 24 hours, and I haven't had a fever during that time.

I haven't thrown up or had any diarrhea for 24 hours.



## Keep me at home if...

I have a temperature higher than 100 degrees even after taking medicine.

I'm throwing up or have diarrhea.

My eyes are pink and crusty.



## Call the doctor if...

I have a temperature higher than 100 degrees for more than two days.

I've been throwing up or have diarrhea for more than two days.

I've had the sniffles for more than a week, and they aren't getting better.

I still have asthma symptoms after using my asthma medicine (and call 911 if I'm having trouble breathing after using an inhaler).



Adapted with permission from Baltimore City Public Schools.